



March 2019

CANS NUTRITION BULLETIN

Child and Adult Nutrition Services
SD Department of Education



south dakota
DEPARTMENT OF EDUCATION

Learning. Leadership. Service.

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The Grapevine—A Note From Cheriee

Spring is here! Well, it is supposed to be on March 20. I have a sneaky suspicion that the snow will still be hanging around by then. We can at least celebrate spring equinox, when day and night are equal, and the sun continues to get stronger and the days warmer.

With the first hints of spring, Farm to School has been on my mind. Specifically, how can we help make connections between our local agencies and the local producers to get more local fruits, vegetables, and meats into South Dakota schools, day care homes, and summer feeding programs. Schools and other local agencies that are interested in bringing local produce or meat into their school often feel overwhelmed at where to start first. Here are a couple of tips:

- Animal proteins: beef, pork, chicken, buffalo, etc. Start a discussion with your local producer association or talk with a local rancher. Ask are they willing to donate? If your school purchases the animal(s), proper procurement rules apply. The good news most farm to school programs are small and can use the micro purchase method (up to \$10,000). The next step is finding a processor that meets the USDA or state Animal Industry Board (AIB) inspection requirements. Luckily, the AIB web-site (www.aib.sd.gov) under the programs tab has a list of [state inspected facilities](#). Again, properly procure the processing facility. The animal must be slaughtered and processed in the state or USDA inspected facility.
- Fruits and vegetables: are very similar, except there is no processing or state or federal inspections. Starting a conversation with your local growers or if you are not sure who to talk to, check out the [Dakota Rural Actions Local Foods Directory](#). Use the micro purchase method to get you started. Food safety is another concern, and the USDA has a short fact sheet about [farm to school food safety](#).

The USDA has a guide for [Procuring Local Foods for Child Nutrition Programs](#) that is helpful when your school would like to get quotes or even formally procure local foods. The USDA FNS Farm to School website is dedicated to expanding not only farm to school, but also farm to day care centers and summer feeding programs: <https://www.fns.usda.gov/farmtoschool/farm-school>. Check it out and see if you can add some local foods into your child nutrition program and be a part of educating your children about where their food comes from. Feel free to contact the CANS office with any questions.

–Cheriee Watterson

South Dakota Sponsor Spotlight!

Is your school or agency is doing anything unique and interesting in your programs that you would like to share!? Do you want to be featured in our South Dakota Sponsor Spotlight segment!? Submit any pictures along with a summary of the exciting events that you're doing to DOE.SchoolLunch@state.sd.us.

Rapid City High School Cafeteria Face Lift

The staff at the Rapid City School District were hard at work over Christmas break. They gave their high school cafeterias a face lift! Check out some of their branding pictures below! They have been hard at work branding and marketing their various cafeterias and child nutrition programs!



Check in With CANS Monthly Conference Call

SY 18-19 Dates

Mark your calendar!! Check in with CANS is a monthly conference call scheduled for the first Thursday each month. This call is open to all agencies on the Child Nutrition Programs and the Food Distribution Program in schools. Each call will start with a report from CANS with hot topics, new guidance or program clarifications, and reminders of upcoming dates. There will also be time scheduled during each call for participants to ask questions.

Check in with CANS is scheduled on the first Thursday of each month starting at **2:30 pm CT / 1:30 pm MT**. Calls are scheduled for:

- April 4th
- May 2nd
- June 6th (*tentative*)

To join the conference call, **dial 1-866-410-8397 and enter code: 6507733610**. If you have trouble joining the conference call, or have additional questions, call the CANS office at 605-773-3413. Feel free to send in questions ahead of the call to DOE.SchoolLunch@state.sd.us please reference "Conference Call Question" in the subject line.

Shortly before the call, an agenda will be posted to the CANS website main page, <http://doe.sd.gov/cans/index.aspx>, under *Check in With CANS*. Shortly after the call is complete, the call minutes will replace the agenda with additional information. Please mark your calendar for these dates and join us!

Local Agency Procurement Support (LAPS)

So, do you have “Oh So Many Questions!!!” about Procurement? Why not network with other agencies and CANS to get those questions answered? Starting on **November 14** at **2 pm Central time** we will begin having monthly procurement calls on a variety of topics. They will continue to be held on the second Tuesday of each month unless otherwise notified.

- March 13 - Formal Procurement

The call-in number is **1-866-410-8397** and the **conference code is 3490506657**. Email reminders will be sent out to Food Service Directors and Business Managers the week before the call. Please mark this on your calendars and have your questions ready. If you have any procurement topics you would like to have addressed, please email or give me a call.

Gerianne.Headrick@state.sd.us or 605-773-4718

National School Breakfast Week Contest

The USDA Mountain Plains Regional Office (MPRO) has given the CANS office a giant salad spinner to give away to one of our SFAs! To give away this salad spinner, we are going to be holding a contest to encourage SFAs and individual schools to celebrate National School Breakfast Week (NSBW).

How the contest will work:

1. Come up with a plan for how to celebrate National School Breakfast Week (March 4-8, 2019)
2. Carry out the plan that was set in place
3. Take pictures of the various ways that you celebrate NSBW
4. Submit your pictures and a detailed description of your celebrations no later than March 22nd to this survey monkey link: <https://www.surveymonkey.com/r/96M5KL8>

After the deadline, the submissions will be reviewed and one lucky winner will be chosen to win the salad spinner! The salad spinner is approximately 5 gallons and can hold 6-8 heads of lettuce!



SNA University Trainings

This fall SNA released their SNASD University training and registration. Time is fast approaching to take part! Deadline is February 21st. If you would like to attend but need additional time to register due to certain circumstance (needing school board approval, etc.) please let Lynn Dunker, SNASD Vice President know as soon as possible. Lynn.Dunker@k12.sd.us.

- **Saturday, March 30th** is in Pierre. Presented by CANS staff. Topic: Orientation to School Food Service

See the Trainings and Events tab on the SNASD website for more information and for the registration link. <https://www.snasd.org/events-trainings>

Fresh Fruit and Vegetable Program (FFVP) - 2019-20 Application Request

If an elementary school from your district is interested in participating in the FFVP for SY19-20, please click the Application Request link and provide contact information. The contact person will be notified when applications become available. Selection for the program is primarily based on the free/reduced eligibility percentage from October 2018.

[FFVP 2019-20 Application Request](#)

2019-20 Fresh Fruit and Vegetable Program - Application Request

The Fresh Fruit and Vegetable Program provides funds to elementary schools for purchase of fresh fruit and vegetable snacks. Preference of site selection is given to high free/reduced eligibility from the most recent October.

The service of the FFVP must be provided during the school day, and not served in conjunction with other federal programs (cannot be served at the same time as breakfast, or lunch). Also, the service of fresh fruits and vegetables cannot be served with accompaniments (fruits and vegetables cannot be served with juice, milk, bread, etc.). FFVP dollars cannot be used to cover the cost of fruits and vegetable served at lunch or breakfast service. Additionally, the FFVP must be scheduled to be provided at least twice per week.

NOTE: All current participants will be automatically invited, once applications are available.

Please feel free to contact Rob Ingalls (rob.ingalls@state.sd.us) with any questions, or check out resources on the [CANS-FFVP webpage](#).

2018-2019 Team Nutrition Webinar Series

Join us on the **2nd Thursday** of every month at **2:30 PM** (CST) for our 2018-2019 Team Nutrition webinar series. SDSU Extension Family and Community Health Field Specialist, Francesca Benson (previously Willard), will be conducting this monthly webinar series over the course of the next 6 months. Tune in to learn more about what Team Nutrition has to offer, grant-specific topics, tips on applying for grants, and much more! Learn and understand more about Team Nutrition and be able to ask Francesca about any specific questions you may have! See below for tentative dates and topics for the 6-month webinar series!

- March 14th – Team Nutrition Resources

If you would like to be included on the listserv for reminder emails and links to upcoming webinars email Francesca at Francesca.Benson@sdstate.edu.

To join the session, please click on the link below within 30 minutes of the specified time.

<https://sas.illuminate.com/m.jnlp?sid=2007004&password=M.76DC01AD280C78A764746E407334DF>

March is National Nutrition Month

Jazz up your lunchroom and promote healthy choices during National Nutrition Month! Check out the Team Nutrition Graphics Library for some fun **new message graphics**.

Team Nutrition Cooks! Activity Guide and Family Handouts

Get your kids cooking with Team Nutrition Cooks! These cooking-based nutrition activities are designed for 8-12 year olds in out-of-school and afterschool programs. These activities help empower the skills and independence of kids, getting them interested in making healthy food choices that can help build and support good eating habits throughout their lifetime.

Professional Standards Training Tracker Tool 2.0: Enhancements for Training Tracking Success!

On June 6, 2018, the United States Department of Agriculture's Food and Nutrition Service (FNS) Team Nutrition staff presented new enhancements to the Professional Standards Training Tracker Tool (PSTTT), version 2.0. Since the PSTTT 2.0 was first released in November 2017, Team Nutrition has been continuously working to incorporate feedback to enrich each user's experience. This webinar showcased the new enhancements, such as a streamlined and seamless way of creating user profiles, selecting managers, assigning employees, and easily creating user profiles for a large number of employees at one time. The webinar featured a live demo to assist users in learning about the benefits of using the PSTTT and the features it provides for managers and staff to prepare for the 2018-2019 school year. [[Recorded Webinar](#)]

SNA Webinar Wednesdays

On Wednesdays the School Nutrition Association (SNA) presents webinars relating to various topics across the Child Nutrition Programs. Below you will find a list of upcoming webinars that they will be hosting. You can find more information about each of the webinars as well as registration information here: <http://schoolnutrition.org/Webinars/>

Registration Is Open:

Best of #SNIC19: Turning Disruption and Change Into Opportunity and Advantage

Wednesday, March 13, 2019, 1:00 pm CT / 12:00 pm MT

Join innovation expert Daniel Burrus as he explains what it takes to accurately anticipate technology-driven disruptions before they occur, prep to meet customer needs before they express them, and identify game-changing opportunities for school nutrition programs.

Best of #LAC19: Winning Over the Public on School Meals

Wednesday, March 20, 2019, 1:00 pm CT / 12:00 pm MT

Legislators, parents, school administrators and media alike all have preconceptions about school meal programs – and too often they are based on foggy memories of what they ate for school lunch decades ago. As presented at #LAC19, this webinar will help you figure out how to move the needle, take advantage of all the communications tools at your disposal and change perceptions of school meals.

Best of #SNIC19: The Evolving Agricultural Landscape - Enabling a Plant-Based Future

Wednesday, March 27, 2019, 1:00 pm CT / 12:00 pm MT

What will the future of protein look like? Join Kellogg's as they examine the challenges of feeding future leaders with optimal nutrient profiles that rival animal proteins while meeting regulations in school foodservice.



Building for the Future with CACFP

Upcoming CACFP Training Workshops

We are currently in the process of creating the 2019 CACFP training. The formal announcement and registration information will be sent to CACFP agencies via email in early March 2019. For now, the dates and locations are set so we are sharing the information with you so that you may put the dates on your calendar. Registration will be handled through survey monkey. Those links will be posted on our website at <http://doe.sd.gov/cans/cacfp.aspx#>. You will need to scroll down to the training section of the website and then select the workshop and then date/location that you wish to attend. The links will also be sent via email.

Note, these workshops are for agencies that participate in the Child and Adult Care Food Program. During these workshops we **do not** go over requirements related to the National School Lunch Program, School Breakfast Program, Special Milk Program, or the Summer Food Service Program.

The dates and locations of the CACFP Basic Administrative training are as follows:

- | | | | |
|------------|----------------|-------------|-----------------------------|
| • April 24 | Administrative | Sioux Falls | Sioux Falls School District |
| • May 7 | Administrative | Rapid City | Youth & Family Services |
| • July 9 | Administrative | Pierre | MacKay Building |

The dates and locations of the CACFP Basic Food Service training are as follows:

- | | | | |
|------------|--------------|-------------|-----------------------------|
| • April 25 | Food Service | Sioux Falls | Sioux Falls School District |
| • May 8 | Food Service | Rapid City | Youth & Family Services |
| • July 10 | Food Service | Pierre | MacKay Building |

The dates and locations of the CACFP Plus! training are as follows:

- | | | |
|----------|-------------|-------------------------------|
| • May 9 | Rapid City | Youth & Family Services |
| • May 10 | Rapid City | Youth & Family Services |
| • May 21 | Aberdeen | YMCA of Aberdeen |
| • May 22 | Watertown | Lake Area Technical Institute |
| • June 5 | Sioux Falls | Augustana University |
| • June 6 | Sioux Falls | Augustana University |

- July 11 Pierre MacKay Building
- June 19 Mitchell Mitchell Technical Institute

Mealtime Memos for Child Care

The February 2019 issue of *Mealtime Memo for Child Care*, the monthly newsletter that includes menus, recipes, and activities related to child care, is now online at <https://theicn.org/icn-resources-a-z/mealtime-memo/>. The February 2019 issue is titled **Defining, Buying, and Eating Local Food.**

Summer Food Service Program—Waivers, Rates, and March Trainings

The 2019 Summer Food Service Program rates are released and are found at [2019 South Dakota SFSP Brochure](#) found at the DOE Summer Food Service website under *Documents*.

Two of the SFSP Waivers for South Dakota have been approved. The waiver requests are located at <http://doe.sd.gov/cans/index.aspx> and both the First Week Visits and Meal Time Restrictions waiver requests for South Dakota have been approved. At the time of publishing this article the other two waiver requests actions have not been determined. There is additional tracking of action by sponsors required in a report that may impact those sponsors taking advantage of the granted waivers. Information on that will be communicated at trainings and to those specifically involved.

The Summer Food Service Program has received registrations and the mandatory administrative webinar or workshop is being held this month. No sponsor can operate unless they have attended an administrative training. The attendee(s) should be the person or team who works *directly* with administering the program.

Those registered for the webinar will be receiving the link prior the webinar. New sponsors or staff attending the workshop in Pierre, Thursday, March 28, 2019, with snow date of April 10, 2019 will be receiving an email confirmation and letter with directions by March 14, 2019.

Food Distribution Program

Limited USDA Foods available in the state contracted warehouse

After the March orders are filled, we will have **very limited** food items available in the state contracted warehouse. We will offer an April iCAN order, but right now it is unknown if there will be any product left in the warehouse to do a May order. For schools with entitlement remaining, we **strongly suggest that you move those dollars to DoD/FFAVORS as soon as possible**. FFAVOR orders can be placed through June and this program is an excellent way to use your entitlement to bring fresh fruit and vegetables into your school breakfast, lunch, and after school snack programs. If you would like to transfer entitlement to FFAVORS, please contact Darcy Beougher Darcy.Beougher@state.sd.us; phone 605-773-4673.

We have made changes to the State's ordering process to ensure more product will be available throughout SY 2019-20. We apologize for the lack of available USDA Foods at the end of this school year and thank you for your understanding as we work through hiccups.

2019-20 ENTITLEMENT

A school's entitlement is based on their Total Lunches Served (TLS) that were claimed from the prior completed school year multiplied by a per-meal rate. Entitlement distributed on the 2019-2020 Annual Survey reflects the TLS from SY 2017-18 multiplied by an estimated per-meal rate provided by the USDA.

- July 2019: The actual per-meal rate for SY 2019-20 should be released in July. Once this rate is released we will re-calculate school's entitlement for SY 19-20. [You may see an increase or decrease in your entitlement once the per-meal rate is applied to iCAN in July.](#)
- Nov/Dec 2019: When the current SY 2018-19 meal claims are finalized in November, we will again re-calculate entitlement for SY 19-20 base on the updated TLS. You may see an increase or decrease in your entitlement once the updated TLS are applied to iCAN in November/December.

SUMMER REMINDER

With all the snow it is hard to think there will be a summer, but it will be here before we know it (yeah!!). Many schools do not think about a freezer malfunction, but it can happen. **Freezer and cooler temperatures should be monitored throughout the year, including over the summer.**

Follow these steps if your freezer breaks down:

Take inventory of the out of condition USDA Foods

Report the loss of USDA Foods to the Child and Adult Nutrition Services Office
Keep records

FOOD DISTRIBUTION CONTACTS

Your Food Distribution (FDP) Contacts are listed in the FDP section of iCAN under *Contracts*. If you have changes to your staff (particularly food service staff), please verify who you have listed as your school's FDP Contacts. If your FDP Contacts need to be changed, you will need to submit an iCAN User Request form to the CANS office. The iCAN User Request form can be found on the [CANS website](#). If you have questions regarding your FDP Contacts or obtaining iCAN access, please contact Kristi Thompson, CANS Senior Secretary. Kristi can be reached at Kristine.Thompson@state.sd.us or phone 605-773-4353.

Updated Policies

Some policies have multiple numbers. That means those apply to multiple programs.

Child & Adult Care Food Program

No new policies have been issued for Child & Adult Care Food Program since the last bulletin. Current policies can be found at <http://www.fns.usda.gov/cacfp/policy> (CACFP memos).

School Nutrition Programs (SP Memos)

Policies that apply to school operation and administration can be found at <http://www.fns.usda.gov/school-meals/policy>. **One** new policy has been issued since the last bulletin.

In addition, **one** new document has been added to the Federal Register. Federal

Date	Document #	Title
03/06/2019	SP14-2019	FNS-640: SY 2017-18 Instructions and Reporting Guidance

Register documents can be found at <https://www.fns.usda.gov/school-meals/federal-register-documents>.

Date	Title
03/01/2019	Hiring Flexibility under Professional Standards

Summer Food Service Program

No new policies have been issued for Summer Food Service Program. Policies can be found at <http://www.fns.usda.gov/sfsp/policy>.

Food Distribution

No new policies have been issued for food distribution programs since the last bulletin. Food Distribution policies can be found at <http://www.fns.usda.gov/fdd/policy>.

Contact CANS

For any questions, comments, or concerns

Email: DOE.SchoolLunch@state.sd.us

Phone: (605) 773-3413

Fax: (605) 773-6846

This institution is an equal opportunity provider.

Professional Standards Reminder: Any learning or training you receive about any aspect of the School Nutrition Programs can be counted as training time towards the professional standards annual training requirement. Reading the bulletin each month does count towards training hours.

Please retain documentation to show what topics were trained. For example, agenda, topics, handbook, certificate, etc. And record training on a Tracking Tool – we suggest using the [SD Tracker Tool](#) posted on the CANS NSLP website.

To credit training hours for time spent reading the Nutrition Bulletin, you will need to keep track of the time you spent reading and determine the applicable training codes. Appropriate documentation for this would be a copy of the bulletin signed and dated with the amount of time written on it.